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# Mt. Zion Herald

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Mt. Zion Lutheran Church & School  
1680 Balsam Avenue Boulder, Colorado

May 2010  
303-443-4151

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Dear Friends in Christ Jesus,

Hebrews 11:1 “Faith is sure of what we hope for.” This is a wonderful verse for each of us. Christian hope goes back to the rising of the Son of God. That rising on the third day is the verification that all our hope, faith, and trust in Jesus and what He has done for us is valid, sound, and justified. Jesus does for us what we are totally incapable of doing. He lives the perfect life in our stead. He suffers death to atone for our sin. His resurrection from death that first Easter put the seal on all He had done. His rising declares His triumph over sin and death, and Satan. Each day, as it dawns, reminds us of the constancy and trustworthiness of all that Jesus Christ has done for us. There is no doubt! It is certain, as sure as the sunrise.

Christian hope is not a vague desire for things to turn out well or an earnest expectation that the promises of God are, after all, authentic. There is a dependability, a “beyond doubt” about it, which we call faith. We are “sure of what we hope for.” The dawning of each new day is a glorious testimony declaring how regular and reliable is the redemption, which has snatched us out of Satan’s grasp and set us down before the throne of God.

I am in Christ’s Love and Service,

Pastor Allen D. Anderson

## **Anger and Forgiveness**

**It seems like anger is becoming more and more a part of our everyday life. We show anger when we drive and someone cuts us off or takes “our” parking space. Over time these little bits of anger build up and soon you have real rage. Is that any way to live? We can’t deny that our anger exists, but we can turn to scripture to help us deal with it.**

**Ephesians 4:26-27**

**When you are angry, do not sin, and be sure to stop being angry before the end of the day. Do not give the devil a way to defeat you.**

**James 1:19-20**

**My dear brothers and sisters, always be willing to listen and slow to speak. Do not become angry easily, because anger will not help you live the right kind of life God wants.**

**Mark 11:25**

**When you are praying, if you are angry with someone, forgive him so that your Father in heaven will also forgive your sins.**

**Colossians 3:12-13**

**God has chosen you and made you his holy people. He loves you. So always do these things. Show mercy to others, be kind, humble, gentle, and patient. Get along with each other, and forgive each other. If someone does wrong to you, forgive that person because the Lord forgave you.**

**Ephesians 4:32**

**Be kind and loving to each other, and forgive each other just as God forgave you in Christ.**

**Luke 23:34**

**Father, forgive them for they know not what they do.**

**Duane Duggan, Elder**

**Many of us are parents and grandparents, who regularly ask ourselves, "How can I witness to Jesus' little lambs?" Here are some tips, provided by Lutheran Hour Ministries, on how we can be more effective witnesses to the children in our lives.**

### **Raising Faith-sharing Children**

- 1. Point them to God, who is always present in every moment.**
- 2. Teach them that prayer is a natural and first response.**
- 3. Tell the stories of faith and of family. Help them tell the stories.**
- 4. Make traditions and rituals.**
- 5. Provide opportunities for them to serve.**
- 6. Let them see Christ in you.**

**Provided by: Deaconess Sally Hiller, the Executive Director for Congregational Outreach and District Operations for the Southeastern District LCMS.**

### **Daily Devotions for Kids**

**Did you know that Lutheran Hour Ministries has a Web site specifically designed for kids? It's JCPlayZone, where kids can play with purpose.**

**At [www.jcplayzone.com](http://www.jcplayzone.com), kids will find some of their favorite things: games, recipes, coloring pages and more. Most importantly, they will find Bible Stories and Daily Devotions that teach them about the love and forgiveness freely offered to them by their Savior, Jesus Christ.**

**Each day, find a new devotion, including a matching Bible verse and short prayer, that will teach your child about the character of God and who He has created them to be.**

### **Thought of the Day**

**Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." - Matthew 19:14**

**Submitted by Debbie Duggan, Outreach Chair**

**Seasoned Seniors will meet for their final luncheon of the season on May 10, at noon. No special program is planned. Come and enjoy the fellowship and good food. Just bring**

**your table service and a dish to share.**

**Women's Book Club – The Women's Book Club has selected another Sandra Dallas book, “Prayers for Sale”, to discuss at our next meeting. Dallas sets many of her historical fiction novels in Colorado and this one takes place in the 1930's in a Colorado high country mining town. The story is about an old timer befriending a young bride and teaching her the ways of mountain women. A character from a previous novel, “The Diary of Mattie Spenser” is further developed in “Prayers”. Although our chosen book is “Prayers for Sale”, reading both might be enjoyable. The Women's Book Club meets May 25 at 7:00pm.**

**Ladies Night Out - All women, including their friends and relatives, are invited to our annual Ladies Night Out at Mt. Zion on Thursday, May 20, beginning at 6:00 pm. Bob and his helpers will serve the gourmet meal. Bradley and Michelle will provide the entertainment. The cost of \$12 is payable at the door. Please pay by check or bring the correct amount. This is one of our quarterly meetings, so bring your Mites and general fund offerings. RSVP to Lynn and Bob by May 16.**

**ANNUAL OLDER ADULT GATHERING The 16th Annual Older Adult Gathering sponsored by the Older Adult Ministry Committee of the Rocky Mountain District-LCMS will be held September 14-16, 2010 in The Estes Park Center at the YMCA of the Rockies, Estes Park, Colorado. The keynote speaker is Dr. Paul Maier on "Islam & Christianity". The theme of the gathering is "Cultural Challenges for Christians". Gathering Highlights and Registration Forms of the event are available on the bulletin board in the entry for those interested in attending the event. Registration deadline is July 7,2010.**

**Toddler Class – Ms. Balchunas**

**With the arrival of spring we colored flowers, we painted with spring colors and we played outside! The toddlers are learning to share and to take turns. The toddlers also worked on our shape this month. We know circle, square, triangle, heart, star**

and rectangle. I (Ms. B) made puppets for each shape. Each child has their own set and they love playing with them. In May we are going to study baby animals and we will continue to work on behavioral skills.

### Ms. Anderson's Preschool – 2

It is so wonderful to be a part of witnessing these little people learn and grow on a daily basis. They never cease to amaze me with their talent and imagination. We are all looking forward to a summer of fun at Mt. Zion's summer camp The big favorite being water day, when we get to splash and play with our rubber duckies.

### Mrs. Walker's Preschool - 3

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like to sing and dance. It is a really special thing to see. Their joyful participation is just awesome. I appreciate having the opportunity of being with the children this year and I am looking forward to a summer of fun and learning.

The class themes for May are; May Day, Mother's Cinco de Mayo, Zoo animals and Memorial Day. The Bible stories for the month are: Pentecost, Acts, The Good Shepherd, John 10-:7-18. Peter in 12:1-20. Saul becomes Paul, Acts 9:1-19. Thank for a wonderful school year. I love being in the classroom with the children. The group time is favorite to share with the children. The children

### PreKindergarten – Mrs. Anderson

May is a very busy month for our class. We have been working very hard on our pottery project for the Pre K Art show that is May 17th. Getting ready to be big kindergarten kids next year! It has been great being able to have recess and P.E. outside. A big thank you goes out to Pasta Jay for letting our class have lunch at the restaurant after our trip to the Butterfly Pavilion. It was a wonderful time! Our year will end with our hot dog party/picnic inspired by the book The Pigeon Finds a Hot Dog. We can't wait! Philippians 4:4

### Kindergarten- Mrs. Wu

This last month of Kindergarten will be a very busy month. Finalizing all our hard work and completing everything necessary to be prepared for first grade. Although there will be a great deal of hard work, there will always be time for playing! Outdoors running on the field, swinging on the swings and sliding down that giant

slide! We will also be traveling to the Butterfly pavilion and to the Arvada Center for our final field trips. How fast the time flies and soon we will be saying goodbye to all our friends for the summer. We continue to ask for God's blessings on these final days!

Hi from 1<sup>st</sup> and 2<sup>nd</sup> ~ Mrs. Sarr

April went by rather quickly. We learned quite a bit about how much Jesus loves us by suffering and dying on the cross. It was sad for all of us to hear how much he had to suffer for all the sins we do and will continue to do, but we were happy to hear that that was not the end. We rejoiced in hearing the Easter story. Christ did not stay dead; He rose. What was such a terrible, sad story for us to hear ended up being a very happy story. He rose and one day we will be with Jesus in heaven. Now we are learning about the job his disciples had after the ascension of Jesus and the job we have today of sharing the good news with others.

We are looking forward to our final month of school—finishing our books, the IOWA tests, and so on. Before we know it, this school year will be over! It has been a busy and fun year.

Summer Camp – Mt. Zion's summer camp will be starting June 1<sup>st</sup> and will continue until August 13<sup>th</sup>. This summer children from Toddler's through Kindergarten (completed) will be able to participate in activities designed to be educational, in addition to being lots of fun. Monday will be arts & crafts day; Tuesday will be bike Day; Wednesday will be water day; Thursday will be cooking day; and Friday will be Movie & Popcorn day.

Thrivent GivingPlus Phase-out: Mt Zion has raised the funds necessary to submit the application for the grants of \$1,420 for the School and \$1,810 for the Preschool from Thrivent. Thank you for your support of the School and Preschool through the Thrivent GivingPlus Phase-Out program.

School

Preschool

<b>Contributions received as of April 18, 2010</b>	<b>\$2840.00</b>	<b>\$4,875.00</b>
<b>Amounts still needed to submit application</b>	<b>\$ 0.00</b>	<b>\$ 0.00</b>

**“Plant a Seed of Hope”  
Lutheran Family Services  
Annual Family Event.**

Denver Botanical Gardens  
1007 York Street, Denver 80206

Saturday, June 12, 2010  
11 a.m. – 1 p.m.

Admission includes: Opportunity to explore the gardens & the world of plants using all five senses, pot a flowering plant to take home and enjoy a classic American picnic lunch

For registration or additional information:  
[www.lfsco.org](http://www.lfsco.org), email [danette.goldhammer@lfsco.org](mailto:danette.goldhammer@lfsco.org)  
or call 303-217-5860

*Thanks to all those who attended LFS's Amy Grant Concert. With over 1100 persons in attendance, this was the largest attended LFS event ever plus it allowed many people who were unfamiliar with our programs to learn about them. In addition several thousand dollars was raised to provide services that heal, strengthen and provide hope for the many lives that programs of this agency touch. Amy really made it a fun evening for all in attendance!*